

KENNEDY EVANS

Change  
for a  
better  
you  
Let's make  
that change

# UNDERSTANDING NEGATIVE AND POSITIVE BEHAVIOR



During the 2017 school year, **NOVA** students in Ms. Morgan's classroom worked on individual posters that reflected an image of their personalities and how they saw themselves as a person, so that they could see the need to change negative behavior.

This activity allowed them to choose from the "Character Trait List," and describe themselves as they are today by placing their negative self-image on one side of their poster and their positive self-image on the

other side, giving them the opportunity to examine and analyze who they really are.

The lesson helped students to identify negative and positive character traits within themselves, and understand how these traits affect their personalities in how they interact with others. Given this snapshot, they can see the importance for changing behavior and attitudes, so that they can build healthier relationships with their peers and others.

## PERSONAL HEALTH

**Robert Lynche**, is working with **NOVA** students on health and personal hygiene several times a week.

Students are learning what personal health is, its definitions, the 4 basic food groups and what a well balanced meal is. They will also be learning about the dangers and use of tobacco and drugs.

## IN THIS ISSUE



## PUERTO RICO HURRICANE FUNDRAISER

In October this year, **NOVA** students had a great time working together to raise money for a worthy cause, after being touched by the aftermath of the hurricane that left millions of people homeless, without food, water and the basic necessities that we need in life.



## LEARNING FROM REFLECTIONS

This exercise helps students to reflect on meaningful and special memories, experiences and values that are important to them. They can look also over mistakes that they have made and understand what they can do to better shape their lives.



## GETTING STUDENTS BACK ON TRACK

Many of our students are taking the recovery credit courses which they need to meet their high school graduation requirement

on time.

Therefore, the teachers here at **NOVA** are working together helping students get back on track through “**Credit Recovery.**”

Through this program they are able to catch up, and graduate with their classmates, if they are dedicated enough to put in the time and effort. They can also, stay after school to work on “**Credit Recovery.**” We want them to succeed.

## “AS A MAN THINKETH”

As a group effort, **NOVA** staff took on the task of helping students in learning how to manage and control their thoughts. They learned that they are the directors and producers of what happens or does not happen in their lives, and that it is a direct result of how they choose to think.



The choice materials came from the book “**As a Man Thinketh.**” They learned that what we think are seeds, and what we do is the fruit from what our minds

ponder upon. Therefore, if we want to change our actions, we must first change our thoughts, of which we ourselves control.

**Dr. Crocket’s** class wrote about how the book applied to how they ended up in **NOVA** and how it applied to their present future situation. This is a continuing commitment on the part of the teachers to teach students how to be good caretakers of their thoughts

so that they learn how to maintain self-control.



## BUILDING STAFF RELATIONSHIPS



Teamwork is essential to any type of business and without it; the ship can surely go down very quickly.



Therefore, we need to do all we can to get along and try to know one another better. So, some of us got together to do “**Painting with a Twist,**” and “**Zumba,**” and we really had a great time.



My interview with **RYANNE GODSON**

**DIANA DICKSON:** When you began writing, about your reflections, what was it that you reflected on in your life?

**RYANNE GODSON:** My High school years, I reflected on my years from elementary all the way up through High School.

**DIANA DICKSON:** What was a snap shot of your reflection that you really thought hard about?

**RYANNE GODSON:** Oh, I was really smart in school, but, I did not seem to fit in, so I dumbed myself down and I started to fail, and I realize that I shouldn’t do that, so now I have to catch back up and correct my mistakes.

**DIANA DICKSON:** So, is that what you wrote about?

**RYANNE GODSON:** Yeah

**DIANA DICKSON:** I see all these beautiful reflections written all over this wall, which many of the students here wrote.

**DIANA DICKSON:** So what do you plan to do from here on out, so that you can try to do things better?

**RYANNE GODSON:** Stay focused and stop trying to fit in with everyone else.

**DIANA DICKSON:** Ok then, I’ll be looking forward to you getting up out of the school here in a little while. So you’re in Credit Recovery? So how much more do you have to do, before you get out?

**RYANNE GODSON:** 2 more classes

**DIANA DICKSON:** Ok, so, do you think you’re moving fast enough now?

**RYANNE GODSON:** Yes

**DIANA DICKSON:** So when do you think you will be up out of here?

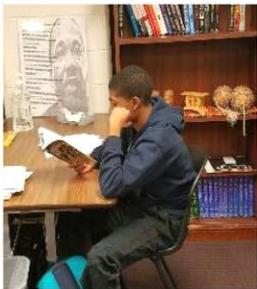
**RYANNE GODSON:** In January

**DIANA DICKSON:** Well, ok girl, go on and get up out of here!

# “IT’S WOODS WORLD”



## JUST DROP EVERYTHING AND READ PROJECT



Our district is involved in reading literacy, which is a fundamental skill that

unlocks learning, and provides individuals and groups with the means to pursue knowledge and information. It also enables them to dream, imagine and explore.

Looking into a book, allows them to see the world through other people’s eyes, and to expose them to things they had never known, seen or even thought about; it expands and develops their thinking capacity. There are many values and benefits gained by reading books.

Therefore, Ms. Woods a teacher at **NOVA** put together a classroom library offering a wonderful selection of books for her students to choose from.

## THERE IS NO GOOD SUCCESS WITHOUT GOOD CHARACTER

By Diana Dickson

There is no true success without good character to back it up. We have been told that, “A good name is more valuable than great riches and in many lands a good name and reputation is greatly protected and prized.

Teaching about good character and learning the definitions of character and the distinctions between what words identify negative and positive character traits is helping our students to understand how to define and express their character and personality flaws.

To help them to do that, Ms Woods had the students to create a “Character Counts” data wall that has about 100 words that define and describe different types of characters, which shape individuals personalities.

These words help them to express more precisely themselves in a nutshell. To go along with the “Character Counts” wall, the students also, put together expressive collogue poster boards which showed pictures of them expressing what they thought to be a true image of their true character and personality.

## WOODS WORLD BUILDING UNITY AND FRIENDSHIPS

Having Unity among friends and strong family ties is very fundamental in developing healthy productive relationships and Ms Woods knows all so well, so she designed a T-shirt for her students, called “**Woods World.**” The purpose of the T-shirt is to establish a family like setting built around unity and building good relationships among peers, in hope that this ideal will spread outside into the community around them

WHERE THERE IS UNITY



THERE IS STRENGTH

# MS. MANUEL'S BASKETBALL



## TEAM"

### YOUTH BASKETBALL TEAM

Ms. Manuel took on the task of starting 2 basketball teams, the "Dream Team" and the "All Stars." Learning the skill of basketball can also be applied to real life situations, because, life is like playing in competitive sports.

Life can be likened to a game of sports because, in the game of life, everybody is competing for something. Also, in every sport, as well as in life, there are going to be winners and losers. Therefore, we must seek to be a champion at whatever we do.

Developing leadership skills, understanding the necessity of being committed to something, being loyal to your teammates and dealing with adversities are some things that can be learned from playing sports. Playing basketball can also help our students with building communication skills as well as, helping them to learn how to plan and develop strategies to solve problems.

### SUPPORT HURRICANE RELIEF



In a joint effort to address the urgent needs of the people of Puerto Rico, we at **NOVA DISCIPLINARY ACADEMY** supported relief by selling food and drinks to raise money for this cause. The proceeds from our fundraiser will go to the "American Red Cross."

# MS. MORGAN'S HERO SQUAD



### PENNIES FOR LEUKEMIA FUNDRAISER

NOVA Discipline Academy students will be participating in the "Pennies for Patients" program, where money will be collected and donated to the Leukemia and Lymphoma Society.

Ms. Morgan's class will lead the "Hero Squad" in collecting the donations.



### MR COOPER'S CLASSROOM

*Say Hello to Mr. Cooper's High school seniors, they are working diligently to complete their classes so that they can graduate on time.*

# FUN CORN FIELDS AND HAY RIDES

NOVA students had an exciting time wondering through the corn mazes and jumping up and down, sliding and rolling in hay while riding on a old time farm wagon having fun. What a fantastic day!



**Writer and Editor:** Diana Dickson