

## Oak Park School District Asthma Management Plan

Schools	_								
	Student's Name:					_Schoo	l Year:		
	School Attending: _								
	DOB:	Grade: Teacher:			er:				
	Reviewed by:			on					
Child's picture	(Heal	Ithcare Provider Signature) On				Date			
	Acknowledged by:				Ce	II #1:			
		(Parent	/Guardian Signatur	e)	Ce	II #2: _			
	Acknowledged by:					_on			
		(1	District Nurse Signa	iture)			Date		
	Medication			Dos	e/Rou	ıte			
#1									
#2									
#3									
<ol> <li>Tightness in Chest</li> <li>Shortness of Breat</li> <li>Coughing for prolo</li> <li>Audible wheeze or</li> <li>Anxious appearance</li> <li>Need to stand or le</li> <li>Triggers/Symptom</li> <li>Allergic Reaction</li> <li>Exercise</li> <li>Respiratory infection</li> <li>Exposure to cold</li> </ol>	h nged periods unusual sounds ce	7. Inabili to whi 8. Bluish 9. Cougl or vor 10. Decre	discoloration ning that caus miting eased level of	of lips, es chok conscio	nails, e ting, a usness #edica #1 Yes Yes Yes Yes	eyes or bluish of ation ( #2 Yes Yes Yes Yes	mouth color to  Circle #3  Yes  Yes  Yes  Yes  Yes	lips one) <b>No</b>	
□ Other ———				<b>→</b>	Yes	Yes	Yes	No	
PARENT/GUARDI	ΛN:								
I request and give permission									
to receive the above medica staff and school district staff	tion(s)/treatment at school ac f to share information needed nal container (no exceptions v	l to assist m	y child with medic	ation nee	ds. Scho	ools requi	ire parent	/guardian	
Parent/Guardian Signature					-	Date			
	I issues may be eligible for provided in the contact t						nts who w	ish to	

## **DIRECTIONS FOR INHALER USE:**

- 1. Allow the student to use his/her medication or be assisted by school personnel.
- 2. Student should respond to treatment in 15 to 20 minutes.
- 3. Encourage student's relaxation (e.g. slow breathing, deep breathing, purse lip breathing)
- 4. Notify parent/guardian if:
- 5. Call for Emergency Medical Care (911) if student has any of the following
  - a. Constant Cough
  - b. No improvement 15-20 minutes after initial treatment with medication and relative cannot be reached
  - c. Any struggling or gasping to breath
  - d. Trouble walking or talking
  - e. Lips or fingernails are gray or blue







## Bus Information to be completed by Parent/Guardian

Medication is to be available on the bus: Please circle	> YES NO							
If Medication IS to be available on the bus, I,								
parent/guardian of understand that I must provide an extra medication to be carried to and from school in the front pocket of the backpack-Transportation will be notified.								
Acknowledged by District Nurse:	Date							
Building Authorization:	Date:							
Total number of inhalers supplied to district:	-							
□ School Office □ Classroom □ Other:								