



# COVID-19 SCHOOL GUIDELINES

This COVID-19 Isolation and Quarantine Guidance is based on the current OCHD, MDHHS, and CDC guidelines; recommendations may change based on public health guidelines.

## OAK PARK SCHOOLS MASK REQUIREMENTS

Masks are **OPTIONAL** in all district buildings and transportation while in the presence of students, including students masking themselves. The district may declare a Mask Advisory (require masks) if warranted.

Masks are voluntary in adult spaces only including but not limited to staff lounges, offices, staff meetings, before/after school, classrooms on prep period and other spaces where students are not present.

## ISOLATE IF YOU TEST POSITIVE FOR COVID-19

Students, teachers and staff who test positive for COVID-19 and/or display COVID-19 symptoms, should isolate regardless of vaccination status.

- If asymptomatic, monitor for symptoms for days 0-10, AND
- Isolate at home for days 0-5 (day "0" is day symptoms begin or day test was taken for those without symptoms), AND
- If symptoms have improved or no symptoms developed, return to school, while wearing a well-fitted mask for days 6-10 OR
- Stay home for days 0-10 if unwilling/unable to wear a mask

***If you have a fever, stay home until you are fever free for a period of 24 hours without the use of fever reducing medications.***

Under no circumstances should someone diagnosed with COVID-19 or exhibiting COVID-19 symptoms return before five (5) full days. Individuals who return after 5 days should avoid people who are immunocompromised or at high risk for severe disease until after at least 10 days and must wear a mask.

## CURRENT QUARANTINE GUIDANCE

### SCHOOL EXPOSURES

- Close contacts should monitor symptoms for a full 10 days
- Must wear a mask for 10 days following their exposure
- Should test 3-7 days after exposure
- Test if symptoms develop

### PERSONAL/HOUSEHOLD EXPOSURES

- Monitor symptoms for 10 days
- Wear a mask around others for 10 days following exposure
- Test 3-7 after exposure or if symptoms develop
- Avoid unmasked activities or activities with higher risk of exposing vulnerable individuals

At any point, if you test positive for COVID-19 or become symptomatic, follow the isolation guidelines and contact your school office/administrator.

**COVID-19 Symptoms:** new cough, shortness of breath, difficulty breathing, loss of taste/smell, chills, muscle aches, headache, sore throat, fatigue, diarrhea, nausea/vomiting, congestion, or runny nose